
Enjoy a Culinary Adventure at the 3rd Annual What's Cooking Bracebridge

BRACEBRIDGE, ON - Muskoka has long been known as a place of adventure, with beautiful waterways and scenic trails. Muskoka is also developing an enviable reputation for gastronomic adventure, and the third annual *What's Cooking Bracebridge* is attracting food lovers from within and beyond the region.



Throughout the weekend of September 30 to October 2, there are many special dining opportunities at our local restaurants, plus a Grand Tasting Marché at Muskoka Brewery, a signature 'Smoke and Bones' dinner presented by Canadian Living, an Italian family-style lunch, and an Irish brunch. But, beyond simply delighting the palate, there are plenty of ways to explore unknown culinary territory.

The celebrity chefs and cookbook authors who host the events love to share and teach, and there is a great line-up of demos, workshops and hands-on experiences for people who enjoy broadening their range of cooking skills.

The weekend begins with a session on Autumn Entertaining with Charmaine Broughton. You can learn how to prepare an innovative seasonal gluten-free meal, with lots of tasting as well. (A teaser ... it starts with spiced pumpkin hummus and ends with no-bake chocolate peanut butter pumpkin pie bars: check the website for the full menu!)

On Saturday morning, Michael Hunter (owner of Toronto's Antler Kitchen and Bar) is leading a foraging hike and expedition along Wilson's Falls Trail. Known as 'The Hunter Chef', Michael is a firm believer in natural foods, and you'll be taking away a couple of recipes that use the wild herbs and cedar you will collect. In the afternoon, the official Caesar Mixing Officer Clint Pattemore, author of *Caesars: The Essential Guide to Your Favourite Cocktail* is your genial guide for a culinary walking tour of downtown Bracebridge. You'll stroll through the streets, tasting and sipping while chatting with our local chefs and food producers.

The learning opportunities include small-batch preserving with Hall-of-Famer Home Economist Margaret Howard, pastry-making guided by iconic Canadian cookbook authors Rose Murray and Elizabeth Baird, one-pot meals with food writer Emily Richards and turkey-carving and meat-chopping tips from butcher Bob McMaster.

Visit www.canadascottagecountry.ca or drop in to the Bracebridge Visitor Centre at 1 Manitoba Street to get all the details and purchase tickets for experiences. Many events sell out quickly, so be sure to book your tickets early.

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For further information contact: Beth Kelly at 705-645-0027.

What's Cooking Bracebridge is organized and administered by the Muskoka Lifestyle Centre (MLC), a not-for-profit entity working on the advancement of the Bracebridge Tourism Brand, focusing on hands-on and interactive learning activities, commonly referred to as experiential tourism (one of the fastest growing elements of tourism).